

Food Stallholder Menu Assessment Information for the LiveLighter Dardanup Bull and Barrel

The Western Australian School Canteen Association Inc. (WASCA) with support from Healthway offers a complimentary service to assist food vendors to improve the range of food and drinks available at events and programs.

Food vendors approved to operate at the LiveLighter Dardanup Bull and Barrel festival are required to undertake a mandatory assessment of their menu as a condition of approval. Preference will be given to vendors who offer healthy choices on the menu.

Menus must be forwarded along with the Food Vendor application form to the LiveLighter Dardanup Bull and Barrel Festival by 30 June 2016. Make sure you list every item on your menu including all varieties of drinks being offered. WASCA will contact you with the results of your menu assessment.

How does it work?

- WASCA provides assistance by assessing your menu using the 'Traffic Light System'. Food and drink items are classified as being either green, amber or red. The classification is based on the nutritional content (e.g. green foods are healthy choices)
- WASCA provides you with feedback on easy options to enhance the nutritional content of foods (e.g. how to reduce salt or fat) and provides you with a range of healthy and profitable ideas you might want to include on your menu. An individual report is provided which is a valuable reference tool

By sending in your menu, there is also the opportunity for you to be added to the *Healthier Vendor Guide*. If 40% of your menu comprises of 'green' healthy food and drinks and no more than 30% red food and drinks then you are eligible to be included on the guide. If your menu does not meet these requirements you will be given suggestions to meet this target.

WASCA is always on the lookout for great vendors to add to the *Healthier Vendor Guide*. The *Healthier Vendor Guide* is distributed to organisers of Healthway sponsored events and is an opportunity to generate business and promote healthier eating at events.

WASCA looks forward to working with you to ensure that healthy food and drink choices are included on your menu.

For any questions relating to the menu assessment, please contact Jessica Franklin from WASCA on 9264 5096 or email Jessica.Franklin@education.wa.edu.au